



# Patrick Henry Community College

## Summer Discovery Institute

Student Name: \_\_\_\_\_

I am available at least 75% of camp dates  
(June 7<sup>th</sup> or June 8<sup>th</sup> – Orientation. Camp classes June 11th-July 13th):

\_\_\_\_\_ Yes      \_\_\_\_\_ No

**RATE EACH CLASS- 5 is the highest.** You may give the same rating to multiple classes  
**Health & Wellness:**

Zumba – Try out this exercise fitness program that incorporates dance moves.

1	2	3	4	5
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Pound Fitness – Channel your inner rock star in this drumming workout program that fuses movement and music to improve focus, coordination, physical fitness and teamwork skills.

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Soccer – Learn how to play or work on honing your skills with this sport

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Dance- Learn the basics of dance – Ballet, Jazz, Hip-hop and Lyrical. Work on choreography and performance skills.

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Yoga- a group of physical, mental, and spiritual practices or disciplines to enhance your body's physical performance

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Weightlifting- strength-training program with weights. Learn good form and full range of motion while becoming a healthier you.

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Basketball – Learn how to play or work on honing your skills with this sport.

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Step - step-dancing is a form of percussive dance in which the participant's entire body is used as an instrument to produce complex rhythms and sounds.

1	2	3	4	5
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**RATE EACH CLASS- 5 is the highest.** You may give the same rating to multiple classes  
**Art, Careers and Electives:**

Photography- Take your photography skills to next level with techniques, lighting, placement and more.

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Leadership – Want to be a leader? This class will advance your skills and teach the fundamentals that great leaders put into practice in their jobs and communities.

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Graphic Design- Make digital art!

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Film Studies – Watch, discuss, research and learn about the art of movies.

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Music Instrumental - Do you want to play an instrument? This class is for musicians or those who want to be. Beginner \_\_\_\_\_ Advanced \_\_\_\_\_

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Choir- Learn and perform music arrangements. Work together as a group to develop harmonies, melodies, vocal range and performances.

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Theater/Drama – Learn acting skills, improvisation. Also, learn about the theater through set design, audio and lights.

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Healthy Cooking – Make healthy dishes that you can make at home.

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Art– Study to include painting, drawing, design, printmaking, sculpture, ceramics, and more

1	2	3	4	5
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Videography- Make your own movie! Learn the basics of filming, editing, producing, story boards, and more.

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College and Careers- Research schools, majors, jobs and more.

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Fashion Design – Sew and design your own clothes.

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Medical Careers – Learn about the health field and the many different career paths and jobs available in this profession.

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Psychology- Dive into the mind with the scientific study of the human mind and its functions, especially those affecting behavior.

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Early Childhood Education- Do you want teach or work with young children? This class will explore the principals and teaching styles for working with young children.

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Debate – Win your next argument! Engaging in friendly or formal argument is an ancient art. Learn how to best express your point of view with facts and oratory skills.

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Web Design – Make your own web page!

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Entrepreneurship – Turn your ideas or hobby into a business.

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Model UN- Are you interested in politics? Model UN is an academic activity in which students can learn about diplomacy, international relations, and the United Nations.

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Pop Culture – Movies, Music, Art, Sports and Fashion. Learn, research and discuss how these mediums have affected our world.

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“Adulting” 101 –Learn to change your oil, fix a flat, and other skills important to making it in the world.

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Life Skills for Girls – Dating, Careers and Etiquette. How to navigate our culture as a successful lady.

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Life Skills for Boys – Careers, Respect, and Skills. Discuss and learn principals to be successful man.

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**MATH:**

**Please Circle the math combo you would like to take this summer**

*Algebra I / Geometry*

*Algebra II / Trigonometry*

*Pre-Calculus / Statistics*

*VPT Prep / Practical Math*

**College Placement Test Prep**

*SAT / ACT Prep – English and Math*

1	2	3	4	5
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**ENGLISH:**

Film & Lit – How is the book different than the film?! How changes occur due to edits, omissions and current relevant culture

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Children's Literature & Illustration- Study and research common children's books. Make and illustrate your own book!

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Poetry- Spoken word and music created to make an emotional response through language chosen and arranged for its meaning, sound, and rhythm

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Playwriting – Write your own script for a play or movie!

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Professional Writing – Cover letters, resumes, business emails and more. Sound professional in the workforce

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Ghost Stories and Fairy Tales- Discover the origins and folklore of these magical stories.

1	2	3	4	5
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Creative Writing – Let your imagination run wild with pen and paper.

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**SCIENCE:**

BioMed- Understand basic biological process and learn how to think like a scientist.

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Environmental/ Earth Science- Examine aspects of our environment and the effects on our ecosystem.

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You're Gonna Make It! Intro to Engineering– This STEM Lab taps into your engineering skills. In this course you will discover a variety of STEM subjects by building and making science experiments.

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Animal/Agriculture Science – Study the biology of animals and broad multidisciplinary field of biology that encompasses the parts of exact, natural, economic and social sciences that are used in the practice and understanding of agriculture.

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***Foreign Language:***

Spanish – Learn the basics of the Spanish language

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Russian – Learn how to speak and write in Russian

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American Sign Language- Communication for the hearing impaired.

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Portuguese- Learn the basics of this language and its' colorful culture

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